

Start and end of route:

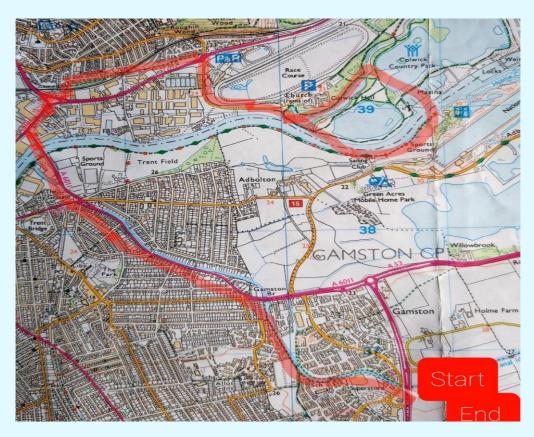
Morrison's Car Park at Gamston, Nottingham NG2 6PS

Distance: 13kms

Time: 3.5 hours approx. walking

Suitability: Walking or cycling (a couple of steps)

Route map:



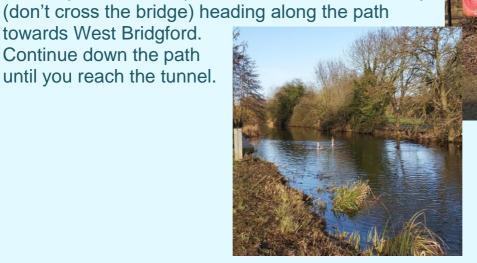
Brief description of route: A route along the historic Grantham canal and over the iron bridge at Lady Bay, before joining the system of paths on the former Great Northern Railway which take you to the edge of Sneinton Woods to Colwick Country Park. This route takes you round the edge of the City through green corridors and blue spaces. Enjoy the diverse wildlife including many migratory birds during the winter. See last page for your walk activity.



Directions:

1) Start at Morrison's car park and walk round the back to join the canal path and turn left immediately

towards West Bridgford. Continue down the path until you reach the tunnel.



2) Head under the tunnel and take the few steps down and up to join the road (it is a bit awkward to do this with a cycle, but I manage to do it with a heavy Dutchie bike)





3) Take care and cross Radcliffe Road. You are heading for the gate across the road. Continue along the canal as it runs along the back of houses in Lady Bay



4) Cross at Rutland Road and re-join the canal. At the end of the canal, join Radcliffe Road and go ahead towards Lady Bay Bridge. Follow signs for Colwick Park. You will need to navigate the traffic lights.







5) Head over Lady Bay Bridge and enjoy the magnificent views of the Trent.







6) On the other side of the bridge, you need to cross the road and turn right

towards the roundabout. You pass the Lady bay retail park on your left. At the roundabout, turn left and then immediately cross at the pedestrian crossing. Follow signs for the Sneinton Greenway. Head towards the Harley Davidson showroom and cross the footbridge over the railway line. There are steps or a slope. Come down one level on the other side and take the elevated disused railway section right, signposted Sneinton Greenway.



7) You then criss-cross the railway line a couple of times and continue through woodland until you reach a road. Turn right and you are at Colwick racecourse roundabout. Ahead is Colwick Racecourse. Cross the main road and gopast the racecourse heading for Colwick Hall Hotel.





8) Keep on this road until you get to a green sign on your right: Public Bridleway. Take this path and keep left.

You will now be travelling around the first of

will now be travelling around the first of two lakes in Colwick Country Park –

Lake and views back over to the Tren





9) Walk around this lake clockwise and return to the Colwick Hall road. Retrace your steps to Morrisson's supermarket.

Walk activity

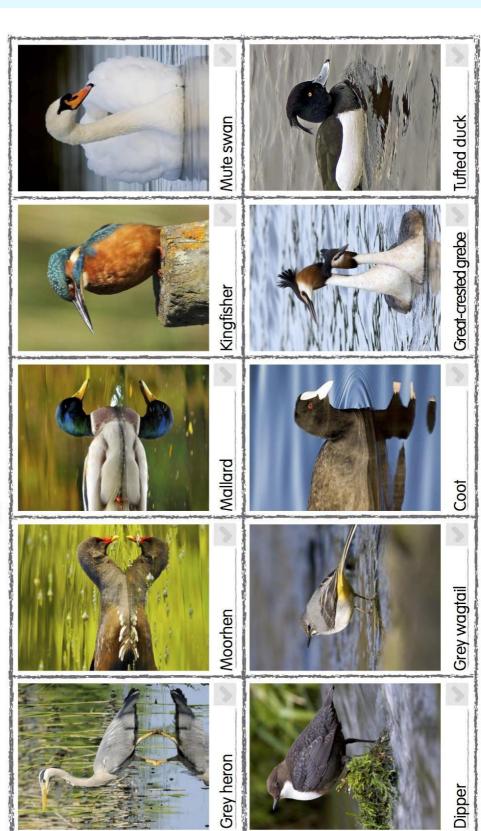


Play bird detective and check out how many birds you can spot from the sheet and add any others



River bird spotter





www.wildlifewatch.org.uk

Credits: Grey heron (c) Amy Lewis / Moothen and mallard (c) Steve Waterhouse / Kingfisher (c) Margaret Holland / Mute swan (c) Neil Aldridge / Dipper and grey wagtail (c) Tom Marshall / Coot (c) David Longshaw / Great crested grebe (c) Don Sutherland / Tufted duck (c) Bob Coyle