

## Start and end of route:

Weirfields Recreation Ground, Canal Side, Beeston, Nottingham, NG9 1LX (Easting:453635.36, Northing:335334.12)

Distance: 3.7 miles/6 km

**Time:** 1 – 1.5 hours

**Suitability:** This flat route is predominantly on a canal path and a river path which may accumulate mud, leaves and puddles after rain.

**Refreshments and toilets:** Beyond the car park (in the opposite direction to the walk) is the Canalside Heritage Centre with refreshments and toilets.

**Brief description of route:** This circular walk combines both canal side and river views. Enjoy watching activities on and around water and spotting the local wildlife.

## Route map:



**Directions:** 



- 1) The start and finish of the walk is marked on the map as 'A'.
- 2) The starting point is over a hump-back bridge which marks the entrance to Weirfields Recreation Ground. Walk along the canal path going in the direction towards Nottingham (you can also walk along the lane that runs parallel immediately adjacent to the canal). If driving, there is on-road parking by the canal or a carpark on the right over the hump-back bridge.



3) Walk along the canal path until you get to a green bridge. Walk up the ramp of the bridge and straight down the other side. Shortly you reach a gate, turn right and follow the path towards the River Trent.





- 4) When you get to the river, turn left and follow the river path.
- 5) Eventually the path ends and you reach a road but almost immediately the riverside path restarts on the right hand side. With the house on your left, carry straight on for a short time, then turn right onto the path leading back along the river.



- 6) Follow the river path until you are under the large road bridge. Loop round to the left and follow the path. You will come out onto Lenton Lane where behind you, you will spot the Michelin Star 'Restaurant Sat Bains'. A possible refreshment spot if you are lucky enough to get a table!
- 7) Walk along Lenton Lane away from the river until you get to the end of the road. Then turn left where you can admire the cars at the Aston Martin showroom. You are now on Thane Road. Walk along this road for approximately 700m until you reach a turn to the right which leads you down a path back to the canal path.
- Once on the canal path turn left and walk along until you get to your starting point (A). This marks the end of the walk.

## Activity (optional)

Sit down for 5-10 minutes on one of the benches along the river path facing the River Trent. How many different activities can you spot taking place on and around water?